

FITA Tournament Checklist

Equipment

1. Bow and at least 10 tournament arrows (Numbered with Archer's initials on the shaft).
2. Chest Protector (if needed).
3. Arm Guard, Tab, Finger Sling, Release
4. Optics (Bino's, Spotting Scope, Tripod).
5. Back-up Equipment (Extra bow string, nocks, Arm Guard, Finger Sling)
6. Arrow Lube
7. Arrow puller
8. Bow stand
9. Pencil, Black Marker (Sharpie).
10. Sight Marks for the Distances you are going to shoot.
11. Repair Tools and Kit. (Dental Floss, Serving Material, Lighter, String Wax, Bow Square, Allen/Hex Wrench for every screw on the bow, Fletching Glue, Extra vanes/Fletches, Points).

Personal

1. NAA Membership Card or other membership cards.
2. Venue Direction and Shooting Schedule.
3. NAA Dress Code Shorts/Pants/Skirt/Skorts (Navy, White, Khaki).
4. Sunscreen, Lip Balm
5. Hat (Make sure you can shoot in it).
6. Sunglasses (Decide if you can shoot wearing them or not).
7. Hydration Fluids (water, *diluted* sports drink).
8. Energy Bars, Fruit.
9. Bug Spray (important in the Midwest).
10. Band Aids, First Aid Tape.
11. Folding Chairs, Portable Shade.
12. Rain gear, Umbrella.
13. Money for food, T-shirt, Phone Calls.
14. Distraction Materials (Music, headphones, Magazines, book).